

Cancer Center of Santa Barbara
 Library Audio Tape List
 Updated 3/2004
 (In order by category)

Title	Produced By	Topic
Niva-Bereavement-Day Two		Bereavement
Gene Therapy for Brain Tumors	Fick, James (MD)	Brain
Maximizing Nutrition When the Body is Challenged	National Brain Tumor Conference	Brain
Maximizing Nutrition When the Body is Challenged	National Brain Tumor Conference	Brain
National Brain Tumor Foundation Educational Series- Seed Implants	Gatin, Phillip (MD)	Brain
Relationship Changes After A Brain Tumor Diagnosis	NBTF	Brain
Seizures	NBTF Garcia, Paul (MD)	Brain
What To Do When A Tumor Recurs	Smith, Karen (RN)	Brain
Cancer Care: Tamoxifen & Breast Cancer Q&A	Messner, Carolyn	Breast
Experimental Therapies & Alternative Treatments for Breast Cancer	Slamon, Dennis (MD, PhD)	Breast
Insights Into Cancer- Women's Health & Menopause After Cancer	Greendale, Gail (MD)	Breast
Kid Pop	Pancoast, Judy	Child
Understanding Depression	UCLA Extension	Depression
Solving The Puzzle of Fatigue- A Program for Coping with Fatigue.	Smith Kline Beecham Oncology	Fatigue
Understanding & Overcoming Fatigue- Dimensions of Caring	Ortho Biotech	Fatigue
Gynecological Cancers	Berek, Jonathan S. (MD)	Gynecological
Ovarian Cancer: Current Status & Hope for the Future	Berek, Jonathan (MD)	Gynecological
Treatment Options for Recurrent Ovarian Cancer	Cancer Care	Gynecological
Art of Mindful Living, The	Hanh, Thich Nhat	Mind/Body/Spirit
Creative Visualization	Gawain, Shakti	Mind/Body/Spirit
Discussion on Healing	Sandersox, Cliff	Mind/Body/Spirit
Healing from the Inside Out	Siegel, Bernie (MD)	Mind/Body/Spirit

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Keeping Hope Alive	Alternative Treatment Information Network	Mind/Body/Spirit
Love, Medicine & Miracles	Siegel, Bernie S. (MD)	Mind/Body/Spirit
Peace, Love & Healing	Siegel, Bernie S. (MD)	Mind/Body/Spirit
Selections from Vivaldi	Cerenex	Mind/Body/Spirit
Nutrition & Cancer	Duvall, Karen (MD,MPH)	Nutrition
Children Facing Parental Death: Social Work Intervention #1	NAOSW 1 st Conference	Professional
Children Facing Parental Death: Social Work Intervention #2	NAOSW 1 st Conference	Professional
Chronic Illness and Group Therapy	Muchnick, Young, Zerski, Parr & Devans	Professional
Cognitive Therapy of Anxiety and Panic Disorders	Beck, Aaron (MD)	Professional
Helping Couples with Illness: In Sickness and in Health	Rolland, John	Professional
Helping Families with Chronic Illness: Putting Research into Practice	Campbell, Wood & Hepworth	Professional
Social Work Expertise in Psychosocial Assessment	NAOSW 1 st Conference	Professional
3 PC Guys	Axelrod, Lane-Rierson, PCG	Prostate
Prostate Cancer Public Forum 1997-Advanced Refractory Therapy	Strum/ Small	Prostate
Prostate Cancer Public Forum 1997-Diet & Nutrition	Myers	Prostate
Prostate Cancer Public Forum 1997-Hormone Therapy	Labrie, Hussain, Geller	Prostate
Prostate Cancer Public Forum 1997-Information Sources	Valle, Huckabay	Prostate
Prostate Cancer Public Forum 1997-Non-Traditional Therapy	Eliaz, Strongin	Prostate
Prostate Cancer Public Forum 1997-Prostate Cancer Treatments	Radge, Roach	Prostate
Prostate Cancer Public Forum 1997-Vaccine Therapy Research	Radge, Myers	Prostate
Prostate Cancer Public Forum 1998-Hormone Therapy	Geller, J. (MD)	Prostate
Prostate Cancer Public Forum 1998-Potency	Bastuba, M. (MD)	Prostate

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Prostate Cancer Public Forum 1998- Radiation Beams & Seeds	Roach, M. & Radge, H. (MD)	Prostate
Prostate Cancer Public Forum 1998- Research	T. Ratliff, Ph.D.	Prostate
Prostate Cancer SB Forum Power Point Presentations on CD	Laub, David (MD)	Prostate
Sexuality and Sensuality: Insights Into Cancer	Crenshaw, R. (MD)	Prostate
This Is Your Prostate Talking	Us Too! International	Prostate
Guided Imagery- Solving the Puzzle of Fatigue	Naparsek, Belleruth	Relaxation
Guided Imagery Tape for People Undergoing Chemo, A		Relaxation
Guided Meditation to Help You Fight Cancer, A		Relaxation
I Am The Sky	Crystal Clarity Publishers	Relaxation
Living With It- Music to Relax To	Aventis/ CD	Relaxation
Magic Island- Relaxation for Kids	Mehling, Betty Highstein, Max	Relaxation
Meditation for Relaxation & Wellness, A	Naparsek, Belleruth	Relaxation
Meditation to Help you with Chemotherapy, A	Naparsek, Belleruth	Relaxation
Meditation to Help You With Fatigue, A	Naparsek, Belleruth	Relaxation
Meditation to Help You, A Fight Cancer	Naparsek, Belleruth	Relaxation
Meditation to Promote General Wellness, A	Naparsek, Belleruth	Relaxation
Relaxation and Guided Imagery (3 tapes)	Benjamin, Harold H.	Relaxation
Sounds for Relaxation	Oliver, Jim	Relaxation
Affirmations	Wilde, Stuart	Self-Help
Cancer Survival Toolbox- An Audio Resource Program	National Coalition for Cancer Survivorship- CD & Tapes	Self-Help
Caregiver Humor / Spiritual Connection		Self-Help
Confronting Life- Threatening Illness	Bahnsen, Clause Bahne	Self-Help

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Dead Doctors Don't Lie	Wallach, Joe (BS, DVM, MD)	Self-Help
Exceptional Patient & The Process of Healing, The	Siegel, Bernie (M.D.)	Self-Help
How to Communicate with your Physician	Janssen, Kuchera, Pizzi, Sawaya,	Self-Help
Humor Exercises Set To Music	Metcalf, C.W.	Self-Help
Self-Modification of Anxiety	Goldfried, Marvin R. (PhD)	Self-Help
"What Worked for Me" - Bone Marrow Transplant	Senders, Sarah	Support
Compassionate Care for Caregivers- DVD	Healing Opportunities	Support
Living with Cancer: A Personal Family Challenge	Bloomfield, Harold (MD)	Support
Tuesdays with Morrie	Albom, Mitch	Support
When God Doesn't Make Sense	Dobson, James (MD)	Support
4G- Non-Traditional Therapy	Strongin, Eliaz	Treatment
Doctor's Choice, The	Pfeifer, Jack (MD)	Treatment
New Dimensions in Cancer Control	Swilling, Jacob (PhD)	Treatment